



## PeopleIndex measures 17 critical competencies helping you to recognise, understand, and manage your emotions and behaviour effectively

PeopleIndex is a comprehensive self-assessment tool designed to measure a view of emotional intelligence.

PeopleIndex is based on the most widely accepted model of emotional intelligence and assesses the following areas

- Self Awareness
- Social Awareness
- Self Management
- Relationship Management

This self-assessment tool provides a rigorous and in-depth report of strengths and developmental needs on critical social, interpersonal, and communications competencies. The individual report gives feedback on each competency with a graphical comparison of self perceptions compared to the normative database (currently 2,000 employees) and includes a developmental action plan section.

PeopleIndex is ideal for use in executive coaching, senior management development programs, supervisory and management training, and developmental programs for employees at all levels of an organisation.

*PeopleIndex was developed by Kenneth M. Nowack, Ph.D., a licensed psychologist and researcher in the area of 360° degree feedback, emotional intelligence, and occupational health. Dr. Nowack is a member in Daniel Goleman's Consortium for Research on Emotional Intelligence in Organisations.*

